



Are you ready to embark on a journey towards a rewarding career in law enforcement? Prepare to conquer the challenges of the JK Police Constable exam with our meticulously designed JK Police Constable 6 months study plan. Let's dive into a transformative journey of preparation together! In this blog we'll uncover intricacies like: essentials of a JK Police Constable 6 months study plan, a full-proof 6 months study plan, importance of this JK Police Constable 6 months study plan and of-course some exam day preparation tips. Let's get on with it.

JK Police Constable 6 months Study Plan - Essentials

First and foremost, potential applicants should be aware of a few things before beginning their preparation and learning about the JK Police Constable 6 Months Study Plan. Are you eligible for the

[JK Police Constable](#)

examination? Before beginning your study plan, read our posts on

[JK Police Constable Eligibility Criteria](#)

and

[JK Police Constable Exam Pattern and Syllabus](#)

for a basic grasp of the exam. If you are aware of all of these conditions, we can proceed to the Study Plan

JK Police Constable Eligibility Criteria

The Police Headquarters in Jammu and Kashmir decides the JK Police Constable Age Limit and other factors under the JK Police Constable Eligibility Criteria. Candidates willing to appear for the examination can check the JK Police Constable Eligibility and check if they fulfill all the conditions before applying for this post.

- Apart from the JK Police Constable age limit, the other criteria include educational qualifications, nationality, and experience.
- As per the JK Police Constable age limit criteria, the candidate must be between the ages of 18 and 28..
- Candidates with any kind of impairment are not eligible to apply for the position because the department only hires candidates who are mentally and physically fit.

JK Police Constable Syllabus

While learning the JK Police Constable 6 Months Study Plan, refer to the JK Police Constable syllabus to ensure that you do not skip any topics. Pay more attention to the more important topics, i.e., those that carry a higher weightage. The detailed syllabus is given below:

General Awareness & G.K.



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- History, Geography, and Socio-Economic development of Jammu & Kashmir and India
- Current events of National and International importance
- Scientific aspects of everyday observation and experience
- Modern History of India
- Indian culture
- Indian Polity
- Indian Economy
- Geography of India

Elementary Maths

- Number Systems
- Simplification
- Decimals
- Fractions
- L.C.M. (Least Common Multiple)
- H.C.F. (Highest Common Factor)
- Ratio & Proportion
- Percentage
- Average
- Profit & Loss
- Discount
- Simple & Compound Interest
- Mensuration
- Time & Work
- Time & Distance
- Tables & Graphs



Analytical Aptitude & Ability

- Analogies
- Similarities and differences
- Spatial visualization
- Spatial orientation
- Visual memory
- Discrimination
- Observation
- Relationship concepts
- Arithmetical reasoning
- Figural classification
- Arithmetic number series
- Non-verbal series
- Coding and decoding

JK Police Constable Exam Pattern

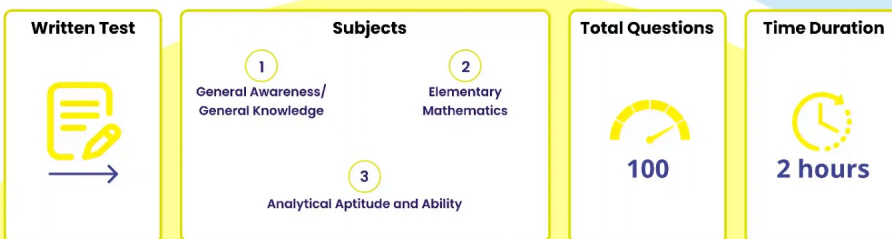
Written Exam

- **Subjects:** General Awareness/General Knowledge, Elementary Mathematics, and Analytic Aptitude & Ability
- **Total Questions:** 100
- **Duration:** 120 minutes



JK Police Constable

EXAM PATTERN 2024



[Source: Spark Institute]

Physical Standards Test (PST)

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Category	Height	Chest	Chest Expansion
Male	5'6"	32"	33½"
Female	5'2"	-	-
Candidates who are belonging to the Ladakh region and Gorkha community State subject	Male - 5'4" Female - 5"	32"	33½"

Physical Endurance Test (PET)

Category	Long Race	Push-ups	Shot put (4kgs)
Male	1600 meters in 6 minutes 30 seconds	20 (One cycle of up and down to be counted as one)	14 ½ feet in 3 attempts
Female	1000 meters in 6 minutes 30 seconds	-	-



JK Police Constable 6 months Study Plan - 6 months study plan

This JK Police Constable 6 Months Study Plan offers a flexible guide with a focus on core subjects and time for revision. Adjust the weekly allocation based on your strengths and weaknesses, as a tailored approach to the JK Police Constable 6 Months Study Plan will help you ace the exam.

Months 1 & 2 (Focus: Understanding the Syllabus and Building Foundation)



Week	Subject	Activity
Week 1	General Awareness & Current Affairs	- Read daily newspapers and news websites. - Focus on national and international news, Jammu & Kashmir specific news, sports, science & technology.
Week 2	Reasoning Ability	- Understand basic concepts of logical reasoning, analytical reasoning, and verbal reasoning. - Solve practice questions from previous years' papers or mock tests.
Week 3	English Language	- Revise basic grammar rules. - Practice reading comprehension and vocabulary building exercises.
Week 4	Mathematics	- Revise basic mathematical operations (addition, subtraction, multiplication, division), percentages, averages, ratios, and time & speed. - Solve practice problems from previous years' papers or mock tests.
Week 5	General Science	- Revise basic concepts of Physics, Chemistry, and Biology. - Focus on NCERT textbooks from Class 9 & 10.
		- Revise all the topics covered in the first 5 weeks. - Take mock tests.





Months 3 & 4 (Focus: Deepening Knowledge and Practicing)





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Week	Subject	Activity
Week 9	General Awareness & Current Affairs	- Focus on current affairs related to Jammu & Kashmir, Police functioning, and important government schemes.
Week 10	Reasoning Ability	- Attempt more complex reasoning questions from mock tests and previous year papers. - Identify your weak areas and practice those specific question types.
Week 11	English Language	- Practice reading comprehension passages from past exams and improve reading speed. - Focus on vocabulary building through flashcards or mobile apps.
Week 12	Mathematics	- Practice solving word problems and application-based questions. - Revise important formulas and learn quick calculation tricks.
Week 13	General Science	- Revise important scientific concepts and their applications in daily life. - Focus on diagrams and illustrations for better understanding.
	Subject-	- Take subject-specific mock tests to gauge your understanding of





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Months 5 & 6 (Focus: Revision, Mock Tests, and Exam Temperament)



Week	Subject	Activity
Week 17	Revision & Mock Tests	- Revise all the topics covered so far. - Take full-length mock tests under exam time constraints.
Week 18	Analyze Mock Tests & Improve Weaknesses	- Analyze your performance in mock tests, identify recurring mistakes, and revise those topics. - Focus on improving time management and accuracy.
Week 19-20	Previous Years' Papers & Sample Papers	- Solve previous years' question papers and sample papers to understand the exam pattern and question types. - Analyze the weightage of different topics and adjust your revision strategy accordingly.
Week 21-22	Short Notes & Important Formulas	- Prepare short notes for quick revision of key concepts and important formulas. - Focus on making these notes concise and easy to understand.
Week 23-24	Stress Management & Positive Reinforcement	- Practice relaxation techniques to manage exam stress and anxiety. - Stay positive and motivated throughout your preparation.



By following a well-structured JK Police Constable 6 Months Study Plan and dedicating yourself to consistent preparation, you can increase your chances of success in the JK Police Constable Exam 2024.

JK Police Constable 6 months Study Plan - Why is it Important?

Do you postpone when it comes to completing your syllabus? Don't worry, this is a common issue among aspirants. As a result, with the assistance of experts,

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has created the ideal 6-month study plan for the JK Police Constable. So, let's examine the advantages of this JK Police Constable 6 Months Study Plan:

- **Effective scheduling:** It allows enough time for each subject depending on its weight and your skills and weaknesses, resulting in effective time management.
- **Complete Coverage:** By carefully covering all areas and themes, there are no gaps in knowledge.
- **Reliability:** It helps you develop a disciplined approach and avoids procrastination. This ensures consistency over time.
- **Performance and Progress Monitoring:** This feature allows you to effectively track your performance and progress.
- **Healthy initial preparation:** It maintains a balance across subjects, ensuring that you do not overlook any.
- **Revision Strategy:** This includes periods for revision, which helps you strengthen your learning and recall key topics.

Practice Test: It requires you to practice all sorts and levels of questions to prepare for the exam. So, are you excited to start this journey? I'm sure you are!

JK Police Constable 6 months Study Plan - Best Books for Preparation

Obtaining appropriate study materials is essential for achieving success in the JK Constable exam.

Drawing from the JK Police Constable 6 Months Study Plan, here are some highly suggested books to enhance your preparation:

- "Know Your State Jammu & Kashmir" by Arihant
- "Arithmetic" by R.S. Aggarwal
- "Analytical Reasoning" by M.K. Panday
- "Quantitative Aptitude" by Dr. R.S. Aggarwal

JK Police Constable 6 months Study Plan - Exam Day Preparation Tips

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The JK Police Constable recruitment exam is very competitive because of all the perks related to it. Thus, to crack this exam, candidates should follow the correct preparation strategies along with the best study materials. Some points to keep in mind while preparing for the JK Police Constable exam are as follows:

- Having a copy of the JK Police Constable syllabus 2024 with you while studying is an essential part of the JK Police Constable 6 Months Study Plan so that you do not miss any topics.
- Follow a schedule and set time aside for preparing. Also, stick to the schedule as much as possible to get maximum results; this is an essential part of the JK Police Constable 6 Months Study Plan.
- Plan a day to review everything you studied in the past week. Regular revisions will help you retain your memory and make sure you don't miss out on anything while studying.
- Giving more attention to the topics that carry more weightage or are your weak points is a crucial part of the JK Police Constable 6 Months Study Plan.
- To prepare for the current affairs and GK part, read the newspaper daily and thoroughly. Make sure that the news you read is useful from the exam's point of view.
- Solve the last year's papers and time yourself. It will prepare you to tackle the pressure of the exam and help you understand the JK Police Constable 6 Months Study Plan.
- Never sacrifice your sleep for the sake of an exam. Get enough sleep and take regular breaks for a refreshed mind.

Well, these were some last-minute strategies that will make your JK Police Constable 6 Months Study Plan complete and full-proof.

By sticking to this JK Police Constable 6 Months Study Plan, you will be able to cover the complete syllabus, practice extensively, and go into the exam with confidence. Remember that consistency is critical, and regular self-assessment is essential for identifying areas for growth. Best wishes on your journey to success in the JK Police Constable examination!